

### Ultimate Pedicure

File, buff, cuticle treatment Includes Massage, Scrub, Mask and Vitamin enriched Paraffin to soothe and hydrate tired feet

**1 hr 15 mins** **70**

### French polish

also available with Hand or Foot treatment

**extra 5**

### Expert Waxing

Half Leg 20

Top Leg 30

Full Leg 45

Full Leg and Bikini 60

Bikini Line 20

Brazilian 40

Under Arm 14

Full Arm 20

Half Arm 16

Back/Chest from 30

Eyebrow Shape 15

Lip/Sides/Chin 10 ea

### Tinting

Eyebrow tint 10

Eyelash tint 16

Eyebrow and Lash tint 24

**Bridal Make-up available** 80

**Trial** 50

### Bookings Essential

Tel 5289 6124 Mob 0419 859 883

### Gift Vouchers available

**Mobile Service available seven days a week**

**Jos Leonard** is an energetic mother of three who relishes the coastal lifestyle, where her interests include numerous sporting activities. She thrives on adventure and lives life to its fullest. Jos is an honest, compassionate woman who approaches life with an innate sense of fun and vitality.

"I like to pamper people and give treatments the way that I would like to be treated. I've always been interested in natural and organic products and receiving treatments in alternative and natural therapies".

Jos has been involved in the beauty industry for over fifteen years.



## NURTURE – BODY WELLNESS

**Jodie (Jos) Leonard**

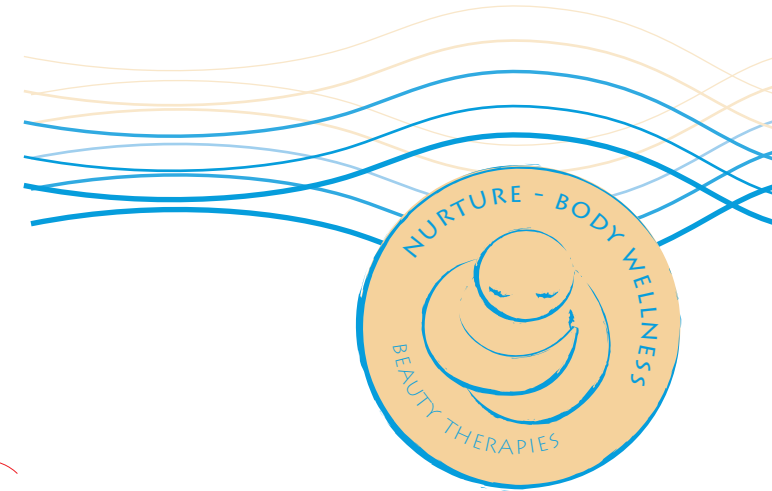
Qualified and Experienced

Professional Beauty Therapist

**Bookings Essential**

**Tel 5289 6124 Mob 0419 859 883**

**Mobile Service available seven days a week**  
(minimum call out fee applies)



Nurture Yourself with **Nurture Body Wellness Beauty Therapies**

## CUSTOMISED FACIALS

### Phyt's Customised Facial Treatments



Phyt's is a certified organic Professional skin care range. Used by beauty Therapists for more than 37 years.

This luxurious and nurturing range of quality skin care is truly 100% natural. Made wholly from active botanicals, mineral trace elements and essential oils. It nourishes and treats all skin types toward optimal health.

Chemical free treatments for women and men

**Express Facial** - For all skin types, balancing and hydrating

40 mins 70

**Balancing Facial** - For all skin types

Rebalances, normalises the sebaceous secretion while hydrating and brightens your skin

1 hour 95

**Purifying Facial** - For skin with open pores, blackheads and congestion.

Detoxifying, decongesting, balances oil flow refines pores eliminates blackheads

1 hr 15 mins 110

**Calming facial** - For sensitive cupreous skin.

Designed to tone down redness and sensitivity. Very calming and soothing

1 hr 15 mins 115

**Change of Season Facial** - An ideal treatment for combination (T-zone) or oily skin

Multivitamins help to repair marks of time from weather conditions and pollution

1 hr 15 mins 115

**Vital Facial Care** - For dry, dehydrated, tired skin

A cocktail of essential oils and minerals to nourish, remineralise, and moisturise prematurely aging skin

1 hr 15 mins 120

**Invigorating Facial** - The ultimate anti-aging treatment for all dull, dry, wrinkled skin that requires nourishment

1 hr 30 mins 135

**Multi Vitamin Facial** - All skin types.

A cocktail of vitamins and active ingredients to repair, lift and tighten skin. Fabulous 'pick-me-up' for an upcoming event, or as a pre-wedding treatment

1 hr 30 mins 140

**Aqua Phyt's Facial** - All skin types.

Rich in Hyaluronic Acid, assists in moisture retention thus plumping, smoothing and hydrating skin

1 hr 45 mins 150

## AROMATHERAPY MESSAGES

### Indulgence Massage

Pure Indulgent Full body, Deep Relaxation Massage incorporating aromatic essential oils

1 hr 30 mins 100

### Nurture Massage

An extremely nurturing Full Body Relaxation Massage incorporating aromatic essential oils

1 hr 80

### De-Stress Massage

Escape from every day stress with a back, neck, scalp, and face relaxation Massage incorporating aromatic essential oils

30 mins 60

## HAND & FOOT TREATMENTS

### Classic Manicure

File, buff, cuticle treatments Includes Scrub, Massage, Hot towel and Polish

1 hr 50

### Ultimate Manicure

File, buff, cuticle treatment Includes Massage, Scrub, Mask, and Vitamin enriched Paraffin to soothe and hydrate tired hands.

1 hr 60

### Shape, Buff and Polish

20mins 25

### Classic Pedicure

File, buff, cuticle treatment Includes Scrub, Hot towel, Massage and Polish

1 hr 60

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